

**AGE-FRIENDLY COMMUNITIES PUBLIC CONSULTATION  
OCTOBER 31<sup>ST</sup>, 2016**

**PRIORITY ACTIONS, IMPLEMENTATIONS & LONG-TERM GOALS:  
CATEGORY – HEALTH & SOCIAL INCLUSION**

**Categories: 1 Communication (8), 2 Program and Service Delivery (16), 3 Policy (11)**

<b>Priority</b>	<b>Strategies</b>	<b>Potential Partners</b>	<b>Deliverables</b>	<b>Timing</b>
1*	Ensure there is good cell phone and broadband service for all residents in Tay Valley.	Lanark County EOWC SEDWG	98% coverage	2018
1*	Provide more communication from the Township on information related to Health Services, recreation, interesting places and activities, internet accessibility.	Service providers, Community Groups	Seniors page on website, staff identified to update it.	Feb 2017
1	Create a regular seniors column in the local papers.	Perth, DNE, Lanark Highlands, County, Community Associations, papers	Bi-weekly seniors' column	May 2017
1	Provide a 211 Magnet (like Kingston made).	Perth, DNE, Lanark Highlands, County, Community Associations, papers	Magnet	May 2017

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1	Use all the news media in the area to reach residents not just the EMC (which if you have a community mail box you don't receive); include social media such as the Township website, Facebook, twitter, etc.	Clerk's department	Updated media list	March 2017
1	Provide rural mail delivery not community boxes that freeze in the winter.	Canada Post	Delivery	Jan 2018
1	Publish a resource guide that lists organizations offering services to seniors.	Perth, DNE, Lanark Highlands, County, Community Assoc., Chambers	Guide	Aug 2017
1	Improve audio system in Council Chambers to accommodate those with challenges other than auditory.	Clerk's department, Accessibility Ontario, Rick Hansen org	Improvements	Feb 2018 unless rec'v Grant
2	Promote Lanark Leeds Grenville Health Unit and other programs such as Stay on Your Feet, Falls Prevention, SafeTalk, etc.	Clerk's department	In Seniors' section on website	Feb 2017
2	Encourage intergenerational story writing in the schools and put in the papers.	School boards, newspapers	Stories in Ontario during senior month or Nat'l Seniors Day	June 2017 Oct 1 <sup>st</sup>

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2	Offer seniors gardening and community kitchen programs in conjunction with the Table.	The Table	Garden areas identified programs in place	May 2017
2	Review recreation offerings for seniors in the Township and supported by the Township in Perth (e.g., tennis, badminton, lob ball, etc).	Recreation Committee	Existing and new options identified	May 2017
2	Review fee structure for seniors programs.	Recreation Committee, Treasurer	Existing and new options identified	May 2017
2	Combine senior and children's programs in same space.	Recreation Committee, GTay & BV Schools	Existing and new options identified	May 2017
2	Continue support for Blue Skies Fiddle Orchestra (an intergenerational opportunity).		Continued reduced fee-Maberly Hall	Jan 2017
2	Offer free walking programs and guided group walks for seniors in local parks.	Recreation Committee	Locations identified	June 2017 (summer students)
2	Support a sesquicentennial trails project.	LC Trails Corp.	Location(s) iden., existing trails promoted (new interactive portal)	July 1, 2017

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2	Share information on preventative health care programs.	LLGH Unit, PEP, Hospital	Seniors section on TVT website	Feb 2017
2	Promote health education workshops and seminars on health issues, including fire safety, elder abuse and fraud awareness.	OPP, Fire Services, LLGH Unit	Programs delivered	Dec 2017
2	Create opportunities for food insecurity solutions to reach rural areas as access is difficult.	The Table	Program	Dec 2017
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2	Partner with CARR to promote recreation for new immigrant seniors.	CARR		
2	Facilitate intergenerational community dialogues bringing teens and seniors together to work on community projects.	YAK, churches, schools	Trail & bus stop construction	Dec 2017
2	Promote transportation, companion shopping and income tax assistance volunteer service programs offered to seniors.	County	Seniors section on TVT website	

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3	Participate in the Local Health Integration Network reorganization to ensure there is a Mississippi Rideau Tay Health Hub.	Other Municipalities, County	Services remain in Perth/S.F.	now
3	Waive Building Permit fees for Lanark Lodge Trail and subsequent related work.			
3	Undertake a Community Asset mapping project.	Mills Corporation	Assets mapped	July 2017
3	Co-ordinate with the Upper Canada District Schoolboard on the use of Glen Tay School as an intergenerational community facility.	UCDSB, MMAH	Community Hub process initiated	Dec 2017
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3	Develop smaller centres for drop in activity (e.g. in under-used facilities in the township).	Community Associations	New programming	Dec 2017
3	Provide a TVT seniors' centre housed in an active elementary school or with a day care, etc.	Community care groups, Dr, Developer	Senior's centre in west end of township	Dec 2017

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3	Perform an accessibility audit of recreational facilities.	Clerk's department may have done this		
3	Rethink our community centres for the 21 <sup>st</sup> century.			
3	Provide infrastructure for pop-up stores, mobile clinics and retail.		Include in Asset Mgmt. Plan	Apr 2017
3	Involve older persons in advisory committees and task forces.	CARP, Lanark community groups	Increased participation on Committees	Mar 2017

### **Communications:**

- Council needs to develop a communications policy/strategy and dedicated staff member to keep that site up to date (a percentage of their time).

### **Program and Service Delivery:**

- Council needs to support and facilitate connecting all ages 8-80 (+/-) – gardening/reading to students – support a volunteer coordinator.

### **Policy:**

- Support a community use of the Glen Tay School and all Township Halls to insist and enable the integration of regional health services; a place where all people are connected to each other.